



RISK ASSESSMENT

Activity Category:	Waterborne – Rowing	Reference Documents/Comments
Sub Activities:	- Maintenance - Pulling (Fixed seat rowing) - Rowing and Sculling	IBOS SOP'S
Risk Assessment Ref No:	RA02	
Risk Assessment Type:	GENERIC	
Date of Assessment:	Thursday, 01 January 2026	Location: Derwenthaugh Regional Boating Station
Review Frequency:	ANNUAL	Unit or Site specific
Next Review Date:	Wednesday, 31 March 2027	

Activity Category- Sub Activities	Hazards <i>(something with a potential to cause harm)</i>	Consequences <i>Likelihood/Severity</i>	Who and/or What is at risk	Control Measures (CM) <i>Practical and evidence based, including assurance activities.</i> New CMs required in RED Text:
Strategic (Covers all sub activities)	Undertaking Waterborne Proficiencies without due diligence and risk mitigation processes	Undertaking activities with poor management leading to significant risks: - Injury - Ill health - Reputational - Legal	MSSC Organisation CFAV Cadets Public Emergency services	- List key procedural documents - List assurance activities
Fixed Seat Rowing	Other water traffic River/Tidal Flow Capsize Exposure Muscular Strains MOB	Damage to Equipment Injuries Missing Persons Persons in water - drowning Hypothermia Hyperthermia Muscular damage	Participants	- Supervision in accordance with: IBOS 5.2 (Outline of Supervision Requirements), 5.2.1 (Definitions of Supervision Requirements), 15.1 (Instructor Ratios (Dinghy Sailing)) and 15.2 (Instructor Qualification Remit) - Appropriate Water Safety Equipment - Fully equipped Safety Boats or 2 + Rowing boats in company as per IBOS - Site Specific Instructions provide for suitable training areas - Courses delivered have participant Pre-requisites as per Course Catalogue - Delivery using best practice laid down in SCC Rowing Scheme - Rowing Safety Provision and Self Rescue Standards and Expectations document
Sliding Seat Rowing	Other water traffic River/Tidal Flow Capsize Exposure Muscular Strains MOB	Damage to Equipment Injuries Missing persons Entrapment Persons in water - drowning	Participants	Supervision in accordance with: - IBOS 5.2 (Outline of Supervision Requirements), 5.2.1 (Definitions of Supervision Requirements), 15.1 (Instructor Ratios (Dinghy Sailing)) and 15.2 (Instructor

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		Hypothermia Hyperthermia Muscular damage		- Qualification Remit)Appropriate Water Safety Equipment - Fully equipped Safety Boats or 2 + Rowing boats in company as per IBOS - Site Specific Instructions provide for suitable training areas - Courses delivered have participant Pre-requisites as per Course Catalogue Delivery using best practice laid down in SCC Rowing Scheme
Racing	River/Tidal Flow Capsize Muscular Strains MOB Abusive Behaviour Collisions	Damage to Equipment Injuries Persons in water - drowning Hypothermia Hyperthermia Muscular damage Psychological Harm	Participants	- Supervision in accordance with: IBOS 5.2 (Outline of Supervision Requirements), 5.2.1 (Definitions of Supervision Requirements), 15.1 (Instructor Ratios (Dinghy Sailing)) and 15.2 (Instructor Qualification Remit) - Appropriate Water Safety Equipment - Fully equipped Safety Boats as per IBOS - Courses delivered have participant Pre-requisites as per Course Catalogue - Delivery using best practice laid down in SCC Rowing Scheme - Participation is limited to internal events, or formally organised external events. - Shoreside adult always appointed for supervision/decision to race. - IBOS 5.7 Third Party Events and Competitions guidance. - IBOS 5.8 Sea Cadet Competitions.

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Expedition/Journeying	Other water traffic River/Tidal Flow Capsize Exposure Muscular Strains MOB Benightment Loss of bearings	Damage to Equipment Injuries Missing Persons Entrapment Persons in water - drowning Hypothermia Hyperthermia Muscular damage	Participants and Instructors	Supervision in accordance with: - IBOS 5.2 (Outline of Supervision Requirements), 5.2.1 (Definitions of Supervision Requirements), 15.1 (Instructor Ratios (Dinghy Sailing)) and 15.2 (Instructor Qualification Remit) - Appropriate Water Safety Equipment - Fully equipped Safety Boats as per IBOS - Prerequisites for attendees as per Course Catalogue - Course Organisers to complete Extended Area of Operations request per activity - Expeditions delivered In accordance with IBOS 18.0 – Expeditions
SPARE ROWS TO BE ADDED IF NEEDED TO MAKE IT SPECIFIC				

ACCEPTANCE AND AUTHORISATION	Name	Role/Post	Date
Assessor	A Simpson	Facilities Manager	01/01/2026
Controls agreed by:	D Finlay	Principal	07/01/2026
	W Shepherd	Chairman	01/01/2026
Additional/Exceptional controls implemented by?			